

Leo Full Moon 2020

Discourse by Master KPK on Tuesday, 3 August 2020

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(for private circulation to WTT members)

<https://www.youtube.com/watch?v=1cPBoJ6DzW8>

Hearty fraternal greetings and good wishes to all the brothers and sisters who have gathered during this auspicious Leo Full Moon hours.

Leo is the sun sign in which Lord Krishna was born, Leo is the sun sign in which Madame Blavatsky was born, Leo Full Moon is the Sun sign where we have Master CVV taking birth, Leo is the month in which Master MN was born and Leo is the month where Master Krishnamacharya whom we know as Master EK was born, Leo is the month in which the modern sage Sri Aurobindo was born. The month of Leo is the month where aspirants can turn themselves into initiates. The full moon of Leo offers initiation if the aspirants enter into the cave of their heart. What is important is that we as aspirants enter into the cave of the heart which is called the Sanctum Sanctorum or the Holy of the Holies where the initiations happen. Master CVV was born during the full moon hours of Leo when Moon was in the constellation Dhanishtha, while today during this Full moon, the Moon is in the constellation Sravana, the preceding constellation. Sravana the star, stands for hearing, hearing within the cave of the temple.

Hearing within the heart is the basic initiation that one has to experience to walk into the path of Light or the path of God or the path of discipleship. Any effort to find the Divine around you outside does not yield the needed experience unless you turn within and try to enter into the cave of the heart which is called "the Lion's cave". The meditation that we do today speak of the cave of the Lion, the cave of the Bear, as also the kennel of the Dog. It is but necessary that we as aspirants, turn ourselves into initiates by relating to the cave of the heart.

The Sun sign Leo is the fifth sign in the zodiac which commences from Aries. The fifth sign speaks of the fifth element which is called the sky or the fifth ether. It is in this fifth ether which is called Akasha the son of man turns into a son of God and therefore it is with all the importance that we turn all our practices within, withdrawing from the outer practices. For this we have the facility of respiration which is also the function relating to Leo. Leo conducts respiration and circulation of blood along with the sun sign Cancer, and Leo is represented in our body as our diaphragm.

Our awareness shall have to be above the diaphragm, then we tend to be presiding over the beast of our own being. Below the diaphragm, the beastly man exists. Above the diaphragm, the man stands the chance to relate to the Light and then transform himself into semi-divine and then divine. The cave of the heart offers this opportunity and the entry into the cave of the heart is at the apex of the diaphragm which is the doorway into the cave temple of the human being. Simha is the word used in Sanskrit for the lion and the cave of Simha is where you find yourself seated, which is called Simhasana. To stay up on the lion's throne and relate to the golden light within the cave temple is taken as the initial step, not the major step.

It is the initial step. So make sure that when you attempt to enter into the heart with the help of respiration you shall have to gain the ability of the dog to start with, which is represented by the Dog Star or Sirius. Therefore the dog teaches us to be vigilant. We shall have to be vigilant and we shall have to be a watch dog but not a wandering dog, and not a barking dog but a watch dog. A watch dog is vigilant about the surroundings, it is ever observing and it engages itself in a kind of respiration which is seen very visibly in the case of a high breed dog, where it makes this kind of respiration (example). Like that.

So, So Ham is the sound that you have to relate to, apply it upon respiration, apply the sound So on inhalation and then reach the cave of the heart and the return with the help of exhalation with the sound Ham. Inhalation, So –exhalation, Ham. This has to be a regular practice and we have to be vigilant about

it. You have to be silent generally, and you have to be ever observing. And the other qualities of the dog is to be loyal, to be protective, and to love the owner, isn't it? The dog has these qualities. A dog serves much better than any other animal. You are yourself symbolized in the Scriptures as a hunter on the horseback.

If you see the Occult Meditations given by Master CVV and go through the explanations given by me, you find all the necessary secrets that alert us as to what kind of virtues we have to daily practice. Basically we should stop barking, meaning speaking, speaking, speaking, speaking all the time. The fundamental quality for an aspirant is to regulate his speech. As far as possible, he should remain silent like a high breed dog, and he should be vigilant. He cannot go on speaking, speaking, speaking, speaking. Speaking is the negative side of sound, listening is the positive side of sound. A man who listens can listen far, a man who speaks stops listening, he doesn't listen. The man who listens is called Brihaspati, meaning he has wide ears like Ganesha. A man with wide ears symbolically represents a man who can listen far. People who do not listen are unfit to be into the field of Wisdom or into the field of Spirituality. And the people who keep on speaking, they deny all opportunities to themselves.

Speech is the negative dimension called Saraswati. It is female principle of the sound. Brihaspati is the male dimension or the positive dimension of the sound, which enables you to listen. You can listen far, you can listen within, and that quality which dog carries you should also carry. And that quality of the dog is it is always on service. A dog cares to serve, and a dog cares to protect, and the dog cares to love. The love that the dog expresses no other animal or even human many times cannot express. Such is the beauty of the dog that we have to worship and that dog on Earth is a representative of the Dog Star which is called the Sirius Star.

That is the reason why around the Lord Dattatreya who is the Lord of Yoga, there are dogs always, meaning those who have an alert attitude, a protective attitude, a serving attitude and an observing attitude. These are the four qualities represented by the four dogs around Dattatreya, who is the Lord of Yoga.

And the Dog Star is presented on earth by way of the dogs that we see here and there. When you look at a dog you should be able to remember the qualities of the dog and then the ability of the dog to be around a great initiate like Dattatreya.

When you have these four qualities and then you mind your respiration and ensure that with every inhalation you go up to your diaphragm where you have entered the ribs, before the stomach starts, to this point. Go up there and then try to see if you can enter. Then you get the exhalation to come out. Keep working on it regularly with much patience for long years, then you touch upon pulsation, which means you have already entered into the cave.

Within the cave there should be no noise. Normally within the cave noise does not exist. But when man enters into the cave, his own mind makes lot of noise. People who sit, who make an attempt to be in a meditation or in a prayer like Master CVV's prayer, the mind keeps on speaking, speaking, speaking so many things with you, isn't it? That is what is called the noise, the noise which we make. So the mind is habituated to make noise and it is expressing out through speech, and such a mind when it is given a different discipline, initially it speaks within itself in the cave. There is more noise in the cave. *May the sound we utter reveal the light within us*, isn't it? And may it transform the noise into voice of silence, isn't it? That is how like parrots we do invocations. But when once you enter into the cave temple, your mind should be by that time itself completely silent.

If you are completely silent you stand a chance to listen. When you maintain [pinned up ?] silence within you, then you gain the ability to listen. That is how a dog listens, but a man cannot listen. Very subtle sounds dog can listen. Very subtle movements in the surroundings the dog can perceive. So also a silent mind within the cave temple which is devoid of noise, stands eligible to listen to the voice. That Voice of the Silence is what is called Anahata sound.

We say in the heart it is Anahata Padma. Anahata means An ahata. Ahata means the sound that we make with the contact of two objects. Anahata means a voice which speaks without friction between two

objects. That is called Anahata, meaning The Voice of Silence. To listen to the Voice of silence within you, which is willing to speak to you, provided you are reliable like the dog, when the dog is vigilant, when the dog is observant, when the dog has done its due service in the outer world, when the dog has the instinct to protect, and then stay alert at all times, such an aspirant stands eligible to listen to the voice which can be listened in the cave temple of the heart, which is called in Sanskrit as listening to akasha Vani.

We say within the heart there is what is called Dahara akasha. In Lalitha Sahasranama we speak of Dahara akasha rupini, the Mother or the Divine in whatever form, be it Mother, be it the Lord, or be it the Master, or be it your own Guru, or the Master in you who is the Ishwara in you, anyone who is sublime and divine is willing to speak to you if you are silent, not only vocally but also mentally.

Mental silence is of great relevance for all occult – meaning, inner practices. Vocal silence without mental silence is a tension. That causes tremendous tension, so they try to find people to whom they can chat. That is how people who are alone instead of attempting to be silent take to a cell phone and keep on chatting here, chatting there, chatting... when the people within the house are not available for chatting, so you pick up your mobile phone and you keep on chatting, chatting, chatting, chatting, chatting, till what happens? - your mind becomes a chatter box. A chatter box cannot enter into the cave temple of the heart.

Unless you enter into the cave temple of the heart you haven't started anything in relation to the path of Light. This is very clearly said by the Seers in the Scriptures. In Lalitha Sahasranama also we say "*Antarmuka samaradya bhagyr mukha.....(?)*". So the outer practices with the help of senses and body in which mind engages is one thing, but to ensure that the mind remains silent without effort is another thing.

When there is nothing to do and there is silence with your mind, such mind can listen to the song of respiration which is called "the swan song" or "Hamsa ganam" or Hamsa dwani" so the Lord exists as your respiration itself as Hamsa swarupa, is one of the dimensions of the Lord and He takes you into the inner side of your being where you can listen to the subtle sound of pulsation. And listening to the sound when you await there, you may get instructions from within. Please note that. A true disciple is always guided by the voice that he listens from within or she listens from within. No one instructs you from outside. Even your guru would like to meet you there, not in the outer. That is the place where a student, a disciple can meet his guru. It is the place where the man in mind can meet the God in man within himself. It is the meeting place which is called "the lion's cave" where you transform yourself from being a dog to that of the lion. That is how from dog to lion there is a transformation.

Lion has a different status than the dog, lion is the king of animals while dog is not. There is no animal which has that ability as the lion, and therefore it is called king lion. It is the king and it has overpowering or monitoring or ruling all other beasts in the forest. The beast in us has to be ruled by the lion in us. The beast in us leads us through the five senses and body and through the speech into haphazard ways and haphazard patterns. The speech has no regulation, they keep on speaking and they speak so many things for nothing. Gossiping is only expending one's own energy. And then, speaking with critical attitude is dangerous, it comes back as a hurt. Speaking with critical attitude, speaking with judgemental attitude and then manipulative speeches, all these have a definite harm on your energy system. It is therefore well said by the seers "better be silent than to be a speaker" because by speech you may spoil yourself.

By speech you may spoil yourself, your energies may get dissipated. By being silent you would have at least conserved your energies and have not abused your energy. And then the sound, when it is not made outside you stand a chance to listen to the sound within. The outer sounds which you are accustomed to, make your mind as I said "a chatter box", it keeps on suggesting all unnecessary things. It is drawn by the five senses in five directions. While speech is the sixth dimension, the five senses give another five dimensions.

The sense of touch always looks for a comfortable touch all the time. That means if it is hot it craves for some cool. If it is cool it craves for hot things.

Likewise, the eye always wants to look around to keep on searching for beautiful things around. The eye stops only when beauty is found, most agreeable thing is found. Until then the eye keeps on roaming around.

And the ear has the itching to listen some sound or the other. Outer sound. People cannot bear silence, isn't it? If a man or a woman is at home and there is no one else, to avoid fear of being alone they switch on a radio or a mobile or a TV and ensure that there is an outer sound, so that they feel comfortable, safe and protected. That is how the ear always draws you out and you always look for people to speak to you.

The ear draws out, the eye draws out, the touch draws out by way of the weather conditions. Weather conditions affect those who are excessively with the touch. The seers do not pay much attention about the senses of cold and heat that the day presents either by way of heat or cold, they do not pay much attention to the wind, nor do they pay much attention to the rain because these are all normal phenomena of the five elements.

Likewise the tongue always looks for something to taste. To think of eating and munching every now and then, has no meaning. When you give a stomach full of food, the intelligences in the stomach are satisfied and then it takes 3-4 hours for the intake to be digested by the system. We do not again need something in between. Eating always something in between is unhealthy. According to Ayurveda, if you take your breakfast do not think of lunch until 3 ½ hours - 4 hours. When you have your lunch, then you may have something like some drink after 4 hours, meaning around 5 o'clock. Tea at 5 o'clock has been the discipline of the British and the Europeans. We too have gained that habit of taking coffee or tea or some other drink after 4 hours from lunch. Then thereafter in another 3 hours you take your dinner. From dinner to again breakfast it is recommended that you have a gap of 14 hours according to Ayurveda.

So hardly a man of discipline who follows the path of discipleship or Yoga, 3 times is his intake and gives a rhythm to his intake. He is not always looking for eating something or drinking something, which is the activity of the tongue. The craving of the tongue, the craving of the ear to listen, the craving of the eye to see around, the craving of the skin to have a comfortable touch, and then the craving of the nose for agreeable smell, these are all the senses through which you are drawn out of your body. Apart from these five, you also have another drawal to the outer of your energy, which is the speech. And then the seventh that gets out in abundant way into outer is the sex in us.

Seven are the ways by which man can dissipate himself into the objectivity by being beastly. A man who would like to mount over his own beast – you see the deities mounting over the beast. The Mother mounts the tiger, the Mother mounts the lion, one Lord mounts over a bull, another Lord mounts over an eagle – mounting over eagle is most sublime, meaning mastering your pulsation and respiration. So therefore, the beast part of you exists below the diaphragm. The centres that function in you below the diaphragm are the solar plexus, the sacral and the base centre, when these three centres are very active, man continues to be beastly fulfilling the requirements of the body and the five senses, and the mind is a slave in fulfilling these objects of the senses and the body. And that is where he remains below the diaphragm, meaning he is below the chair, while he is expected to sit over the chair.

When one can stay above the diaphragm, it is said to be the third state of Yoga, called Asana. A man who at all times sits over the chair, but not sits under the chair is said to be a man who has gained a stable and comfortable mind which can be applied upon respiration. When it is applied upon respiration and through the help of inhalation it gets in, touches that point which is at the apex of the diaphragm where there is the entry into the cave temple of the heart, that is where you have to go. If you cannot follow the discipline as is mentioned until now, the lion does not let you in. The lion does not let you in. Many people know about the step of pranayama but not all are able to accomplish the step of pranayama for the simple reason that they do not follow the basic discipline required to be a Yogi, to be a disciple, to be a man who gains eligibility to listen within, to see within. Some kind of accidental listening within or seeing within cannot be relied upon. Consistency in your ability to listen within, and consistency in your ability to see within, are the means by which you are able to get the guidance from the inner side of your being. That is what the Leo Full moon offers abundantly and I commenced the talk with a speech because Sravana speaks of listening.

Stravana is just opposite to Vashana(?). Vashana means speaking speaking, speaking. Stravana means listening, listening, listening, listening. So this listening is important for those who wish to progress in life. They should be better listeners than speakers, to start. That is where a true disciple tends to be a Muni. Muni means the man who remains silent by applying himself upon the mantra which is called SO HAM. "*Mananat trayate iti mantraha*" that is how mantra is defined. Muni or the silent one is defined because Muni means the one who is engaged with the mantra and is therefore silent. Since he is engaged silently with a sound within himself, he remains silent. It is the swan song within himself, which engages him and he doesn't feel like speaking unless there is truly necessity to speak. To speak because we are given the speech faculty is just abuse of that faculty.

So therefore, a watch dog by observing the discipline which is stated, tends to be a lion within the cave temple where listening becomes possible. You see the prophets, they were listening within and then performed outside. They listen within to the Master within. They can listen within from the Master that they follow within. They can listen within the God centre which exists within themselves. There are more than one way of receiving guidance inside by listening. And when you listen, then vision becomes easier.

The listeners are able to vision out better. They can see more than others can see. Why? Because they can listen more than the others. As much as you are able to listen well, you are able to see well. Listening is seeing. Seeing is listening at that state. Master Djwhal Khul writes in his books "You should reach a state where by listening you see, and by seeing you listen". Only the cobras have that facility of listening and seeing at the same time. So also, a man who enters into the cave temple.

Today, being the full moon of Leo, I thought I should present these dimensions to you. So, we have taken to this discourse this evening on account of one decision we have taken, that every Leo full moon in the evening we shall make a gathering in Nilagiris at Kodanadu where we have already done three gatherings earlier, and it shall be an annual feature hereafter. So this I have informed the group in Bangalore which is nearest to Kodanadu, and told them if possible they may go and stay for the Saturday, Sunday, and Monday and tomorrow being the birthday again of Master CVV according to solar calendar. Today it is according to lunar calendar. So they would make a best experience if they could stay for these four days in Kodanadu. But then the Covid regulations did not permit them to reach there, so they requested, "Master let us make it into a virtual group life. Would you be kind enough to talk this evening?" Today being the Leo full moon hours, truly full moon hours, because the full moon concludes at 8:45 h in the evening and that is called the zenith of the full moon energy. We are reaching towards that. So that is why this speech has come to me for this evening. Yesterday we had a speech, the day before we had a speech and tomorrow eventually we would have a speech. And today a speech has happened on account of this request from the group.

But then, how did we find that Master Mountain? The Master Mountain which is called Durga Mountain is written in the Scriptures. It is also mentioned by Master EK in his book on Mandrajalam or The Music of the Soul, in his book on Purusha Medham or Man Sacrifice. So I got interested to look to this mountain and two times I went with that view but did not find it. To find it you need guidance from within. Therefore, for the third time when I went to Kotagiri we were in a school meditating with a headmaster of that school - that is where I listened to a voice within which says "there is a viewpoint around, try to reach there". So when I heard that, as I completed the meditation I asked the headmaster: "Is there a viewpoint to this Kotagiri town?" "Yes, he said. It is about 18 km from here, there is a viewpoint." So I was guided there and there I found this mountain where we relate to every time and now globally this mountain is being related to. This has happened because it could be heard within.

So when you listen within, you stand better to perform outside. How did the poets who have written great scriptures? They listened within and then they expressed outside. Likewise singers, they listen within and then express through their vocal cords. Listening within is what is called gaining the cooperation of Jupiter which is also called the Guru. When the Jupiter in you is connected to you, you have the ability to listen beyond this plane of existence. You can listen far, you can listen to angels, you can listen to planetary angels, you can listen to solar angels, you can listen to cosmic angels as you progress in your practices as a student of meditation.

We all know the story of a man who regularly related to Sun and gained a gem that can produce something like eight cages of gold on a daily basis. We have stories all over, in all Scriptures of the world, where a man could relate to planet angels and gain the necessary intelligence, necessary wisdom and expanded their consciousness. So what is important is the ability to listen. So, "*May we speak the silence without breaking it*". If you know how to listen to silence, then you can speak that silence out with responsibility.

You cannot listen to silence unless you are yourself silent. And when you are silent, and you are in the cave temple of your own being, you stand the chance of listening very regularly. Those who regularly pray in relation to a guru system, the first thing that the guru does is to give you direction from inside through a voice which is called the Voice of the Silence. Voice of Silence is one of the foremost books that were written by Madame Blavatsky. But that is already there in the Indian Scriptures. If you turn within and orient to listen, and generally if you have an orientation to listen than to speak, especially when you meet persons who are wiser than you, you would do better. Many people go to wise men and then try to express their ignorance and do not give chance for the wise man to speak to you and advice you. They go and inform how much they know. Instead, they should go, be humble to listen what he says. So when you go within your own being and you start listening, you wait to listen. You wait to listen, you wait to see. This waiting is very important. The ability to wait has great fruits, it bears tremendous fruits.

Yudhishtira in the Mahabharata he was the most silent one between the sons of Light. You see Sri Rama in Ramayana, he is the most silent one among all. So the speakers are those who have symbolically a big mouth. Big mouthed people deliver little. Silent ones deliver a lot. That is why when you are working around, you should look for persons who listen more than speak more. Those are the ones who can receive what is being communicated and then they can enable it to happen. So therefore, let the dog, which each one of us is as an aspirant, turn out to be a lion which would be the state of initiation and this is the initial initiation that happens in the cave temple of the heart.

And then in the heart there are layers, not just one cave. There is cave within the cave, there is cave within the cave, and then there is another cave within the cave. There are three layers. If you see the book on the teachings of Yama, which is given as Yama Gita, I have put that very picture on the cover of the book itself. That the heart has 4 layers in it. If you enter into the heart, it takes you from the initial hall of learning, into the next hall of training, and then in the third hall there is the hall of Wisdom and in the fourth hall it is called the hall of experience. When people build the temples in accordance with Wisdom, they make these four steps: the hall of aspirants, the hall of the training, the hall of Wisdom and then the hall of experience.

If you go to Simhachalam Temple in Visakhapatnam you have all these halls. We are busy trying to see the deity and come back also very fast because inside there is not much access, but then, if you see the layout of the temple it is all in tune with the heart lotus where you can meet Narasimha. Narasimha is the symbol of Leo again. I'll do not get into that symbolism now but I have written about it in Navani in this month editorial. So Simha moves within and then gains the steps of training to start with.

You have to start training yourself. Nobody trains you from outside. The tools for training are given inside when you listen, and then you start training yourself. That is what is called "*Udre atman atmanam*", yourself by yourself. Chisel your being from being a mass energy to that of a beautifully sculptured energy. A mass of stone when visualized by a sculptor, he sees a beautiful statue within and he eliminates the extra mass of stone and then the idol appears. Likewise in each one of us we have the divinity. Around the divinity there are so many other things that are gathered. As we eliminate them, we find that we are the replica of the Divinity, meaning we are the carbon copy of Divinity.

In the Occult Meditations also they say "there is only One Book and I am a copy of it", isn't it? There is only one book which is original and I am a copy of it. "Copy" means, it is just like the original, the Cosmic Man, according to Him you are formed in the cave temple of your own heart. The Cosmic Person exists in the cave. The cave which we call the cave of the Bear is said to be the head. In Purusha Suktam also it says "*Sirshno Dhyo*" meaning, "the entire Divinity is in the head". It reflects into the heart which is above the diaphragm.

The reflection principle is in Cancer where you have the element water. Water reflects. Cancer stands for the sea waters. Sea waters are called *Samudra*. *Samudra* means *Saha mudra*, meaning that reflects through the water as the image of God in the cave temple. So each one of us we are reflected beings of the Original. This is what you realise when you have trained yourself within your own being you see the divine dimension relating to you, in a golden form within your heart.

Then you can take respite for a while: "Ah, yes! This is the golden dimension relating to me, of which the Masters speak, of which the Scriptures speak, of which the Yoga speaks, of which Master CVV speaks: that I am a golden image of the original".

The Original is up above, and He has reflected Himself through Cancer into Leo in the cave temple, as yourself. So you realise that you are the image of God. Bible in the Old Testament says: "God made man in His own image and likeness". So we are just a replica of what God is. That is why we make symbols of the Cosmic Person just as human symbols. The God Absolute is beyond form. The God within Creation has a cosmic form and one of those foremost forms is the form of Virat Purusha, and that Virat Purusha reflects Himself in us as our own being with a form which is golden in light and it keeps on gaining greater light as it moves up with the help of pulsation which I frequently speak of, with the help of Udana Prana.

When this happens, you move up and up and up and you move from Akasha into Mahat Akasha. The entire head is filled with Mahat Akasha, and beyond the head it is Para Akasha. Para Akasha, Mahat Akasha, Akasha are the 3 states and then there are another 4 states of Air, Fire, Water and Matter. These are the 7 states which are called the 7 planes of existence: Para Akasha where the Divine exists, Mahat Akasha where He exists as a Cosmic Person, and then Akasha where he exists upon Earth, whom we call Sanat Kumara, and then we have the 4 elements: the Air, the Fire, the Water and the Earth, represented by the 4 sun signs again [element groups], 4 chakras again. In the cave of the heart you meet the Akasha. But at the heart you meet the Vayu, the respiratory activity which is the activity of Vayu. He is experienced at the heart centre itself, and in the solar plexus you experience water. In sacral you experience fire and in the base you experience matter. So, there are 7 elements in all, of which 5 are generally spoken.

Akasha, the 5th element has two other higher dimensions which can be slowly realised through your regular practice of meditation and with the cooperation of the Master that you follow. When you are with a Master - a Master is one who has gained mastery over all the states of his own being and he is ever in touch with the Divine which is beyond the 7 planes. So therefore, when you relate to the Master which happens in the heart centre, the movement thereafter is easier, because you have a guide and you are able to listen to the guide. Listening to the guide is very important. The guide within guides you, and you shall have to follow. By that you enter into gradually the temple of the bear. That is what we mention, "The Bear is in the cranial cave". Cranial cave means the upper part of the head.

Do we ever realise that within the head there are cosmic intelligences? The fire which exists, the Cosmic Fire which is the basis of the whole Creation, who is called the foremost one, Agni, he exists in the centre which we call the third eye. And his other functions exist as the right eye and left eye, as Sun and Moon principles. The right eye represents the sun ray which is not just the Sun. The sun ray comes through the Sun. It comes from Central Sun which we call Savitru. And even the Central Sun Savitru is not the transmitter of the Sun Ray. It comes from Aditya, who is called the Cosmic Sun. And to Aditya, the ray comes from Aditi which is the Light beyond.

Aditi is the Light beyond which expresses through Aditya, Savitru, Surya up to us.

Do we ever realise this? We don't. We only stop with one symbol and do not go through that symbol. All is symbolic. Man is also symbolic. The man that speaks through me and listens through you, is invisible. He is not the form. Form is his ultimate precipitate. So therefore, as you move inside you see the Cosmic Fire functioning through the sunlight as a Sun principle, as a Moon principle.

Moon principle is the principle of reflection, meaning it reflects the higher into the lower, it reflects the lower into the higher. The function of the Moon is to reflect the surroundings. If you set the Moon to the

sky, it reflects the sky. If you set the Moon to the Earth, it reflects the Earth. It is a very neutral principle. And that Moon functions in us as mind. So therefore, Moon principle is there.

Then we have two nostrils, the functioning of the supra cosmic twin gods called Mitra and Varuna. Mitra and Varuna function through the two nostrils and they enter into our being with the help of the air which is formed in the face itself. Vayu is also functioning at the face. Agni is functioning in the face, Vayu is functioning in the face.

And then, the water which gives the taste, and the water which exists in all the seven planes and beyond, and in that beyond state it is called Narayana - those waters exist in your mouth as taste, not only for food, taste for life. Know that the higher dimension of taste is taste for life: to live well, to experience well, to fulfil yourself with the splendour of your own existence in the human form.

Therefore taste, represented by waters called Varuna, is in your mouth. Varuna exists in your mouth. Vayu and Ashwins exist in your nostrils. Agni exists in your third eye and expresses through the two eyes, and then there is the right ear and the left ear through which the devas and the pitris express themselves. These are the cosmic intelligences that exist in us. So when you go deeper in your own being and move upper, to the upper chamber of your own being, the radiation relating to you keeps on improving, number one. Number two, you find yourself in a body of diamond light which is called Vajra Sarira, which is also called as Linga Sarira. It is further called as Karana Sarira. And you can still be without all these bodies. We can be with bodies, you can be without bodies. When you are out of all bodies you are a resplendent pulsating unit of life. That is how you experience your being existing within a greater being which is also full of light and also pulsates.

The space pulsates, that is why the God is said to be pulsating. He has a breath, and one breath of the Lord is one Creation. His exhalation brings out Creation. His inhalation takes back the Creation into itself. And in this duration the Creation exists. This is how the Vedas speak. So, let me not burden your mind with too many concepts; what is important is, the Lion leads the way to the bear in you. You, with the help of the life principle, make all this travel. See, *the hunter on the horseback*, that is how Occult Meditation speaks. You are the hunter, you are hunting for the Truth, you are hunting for that which is called the Divine. So you take to the Horse, which is called the life principle, also symbolic of life in Veda. That is why the Ashwa medha, meaning the ability to master the horse. When it happens, with the help of the life principle the awareness principle can reach to the highest point in you and experience all the planes of existence. Therefore, since you are with this life principle you are called the horseman. You should mount this horse and move on with the Dog.

There are stories, folklore stories and fairy tales in the East and also in the West, about a man who moves on a horse and there is a dog with him. There is a dog with him, it follows, meaning the dog is the quality that you hold. The hunting is for the Truth and he moves along with the currents of life which exist in you. With that, you enter into the cave temple and then gain the ability to listen far. "...samanayam muna", this is how it is said in the Scripture. We should be able to listen. When he is able to listen, he found that the Lord is descending. Do not read casually, do not read with your mind. Read with your inner mind which has a greater insight, greater comprehension.

When the elephant is worshipping the Divine, he started listening from the surroundings. When Lord Rama was walking around, 15-16 km away from the ashram, the Sage Agastya already noticed that the Lord along with his consort and brother Lakshmana is walking towards his ashram. We can't listen the other side of the wall within the house, within the house we can't listen beyond the wall. Listening far "...". The ether in the cave temple, which is called Akasha vani, it takes you out of your entire being. You can listen far, you can see far. So when you listen far, you also gain the vision. When you see far, you also listen. I have seen Master EK demonstrating it, and I have my own experiences with it. When you keep visioning something you keep listening something. They happen together. When you keep visioning something, you keep listening simultaneously. And when you listen something the vision also happens. When you keep on listening the invisible, the voiceless sound you gain the vision. That listening gives you the vision. And that visioning gives you the listening. It is beautiful. That is how you draw things from higher circles and put it down for the lower circles.

When Master EK was relating to Master CVV, Master CVV was speaking in that plane, in the plane of Light and Master EK listened. As a consequence there is a beautiful book of wisdom called "Spiritual Astrology". Whenever Master wrote, he was looking to a corner and was dictating. I used to ask, "What is it that you see in that corner?" He gets a vision, or he gets a facility to listen. He listens and writes, he visions and writes. This is what is called impressional listening, impressional seeing which you can put in writing. That is how Madame Blavatsky wrote Secret Doctrine. That is how Alice Bailey wrote so many books dictated by Master Djwhal Khul from Himalayas.

Sitting in Tibet, Master Djwhal Khul dictated through the ether to Alice Bailey who was residing in New York. She could listen and she could present all that she listened in the books. Did not Pothana, the grand poetic writer in Telugu wrote Bhagavata by seeing things? He could see, he could listen, he could therefore write and he could make certain expressions which were not there in the original. ".....mudapara" Who gets it? and when he came back to his normal senses and looked at it, he felt it is not he who wrote it, in some other's trance he wrote it.

That is how impressional teachings happen and this is the age or Aquarian age through which impressional teachings happen. Impressional teachings are very common in Aquarian Age, provided you learn to be silent and have an orientation to listen to silence. The nights are meant for that. Even during the day, your hours of soliloquy are meant for that. Just keep silent and orient to listen in the cave of the heart. You will start getting certain passages, not just some hints. Initially you may receive hints, sometimes you get passages. When you get passages you keep on writing or you keep on dictating. It is not from the mind. It is from higher circles. That is why Master EK in his book he wrote. "These are from Higher Circles. These are from those whom I follow to those who follow me".

If you wish to follow the Master, you have to follow the instructions that he gave in his teachings. There is no other way. Admiring the Master is nothing for the Master. He cares not for admiration, he cares for those who follow his instructions. He doesn't want flatterers around himself. He wants those who follow the teachings which have come from Higher Circles and then practice them and walk the path. The path that he has walked was walked by others before. He too is walking the same path and you can also follow the path and join him. That is the way. That is the way that has to be worked out. So therefore, reaching the heart enables you to reach the head. And that head is the higher correspondence to this cave of heart. Leo is the cave of the heart, and then, the bear is the cave of the head. And that cave exists in Aquarius.

The opposite to Leo is Aquarius. Aquarius is full of Mahat. It is called Mahata Masa and it is completely filled with the energy of the star Magha, meaning magic. Mahat means magic. All magical work happens in the Mahat or Mahat Akasha. And beyond that there is Para Akasha. From Para to Mahat, from Mahat to the phenomenal world, from phenomenal world to material world. That is why it is said that "from noumenal to phenomenal, from phenomenal to material". We are in the material world below the diaphragm. You should try to get above the diaphragm and for that the respiration is very helpful. And you have to move into the 5th ether which is called the Akasha. There keep listening, where the teacher is helpful because the very fundamental quality of Jupiter is sound. You will form a triangle with your teacher to listen to the sound.

When you start listening and following, the teacher says, "Follow the sound and move on, I can no more give you a spoon feeding". How long will a teacher give a spoon feeding to the student? When the child grows, he should be able to eat himself. The method of eating is given. Likewise, a teacher enables you to listen and when you start listening you keep perceiving and following, that is it. That is how the directions happen within and you move forward.

That is how we can move forward and Master CVV was such a great initiate who could move beyond and then gain the energy and bring it down and manifest upon this Earth via Aquarius to Leo. His Moon is in Aquarius, his Sun is in Leo. That is the bridge, from Moon to Sun. The Moon reflected the higher planes, he could see beyond, he could reflect the energy with the support of so many other agencies which we will speak tomorrow and then reflect them upon Earth and then cause the needed transformations as the energy intended to.

So therefore, from Aquarius to Leo you have to move, and to move to Leo you have to take to the support of the Dog initially, and that dog location is placed in Scorpio. That is why it is said "From Scorpio to Leo, from Leo to Aquarius, the path is". And Scorpio also holds Sirius system in it. Locationally, the Dog Star is placed in Scorpio. It expresses through Leo. And then, it culminates you in Aquarius. Until you do that, you are in Taurus, the fourth fixed sign where you are only living in glamour about being spiritual. That is what is called being glamorous about spirituality. That I am spiritual, that I do this, that I do that, more self-aggrandizement and there is a tremendous self-love of one's own personality knowing nothing, listening nothing, seeing nothing, but speaking a lot. That is what Taurus, the Bull, represents in the fixed cross.

If you are really interested to know the Path, please go through the book "The Aquarian Cross". I have given this topic in 1993 through which I got the dimension relating to how the energy has come down via Master CVV, from where it has come down. The Fixed Cross or the Aquarian Cross was first taught, while teaching you have learnt. It was first taught in Misiones of Argentina where the vision has happened.

So, we generally are like Taurus, meaning the bull, it keeps on eating whatever comes across. It moves around according to its own choice, it has no regulation. The bull has to be threaded and it has to be yoked. It has to be put to a path. Then comes the dog, from Taurus to Scorpio. Pick up the dog, move towards Leo, enter the temple in Leo, move forward to enter the universal temple which is in Aquarius.

All this path is very detailly mentioned in the book called "Aquarian Cross". If you have interest you may go through all the details. You will find the path so very beautifully provided you are willing to follow. If not, it looks to be too difficult to follow. Let the game start somewhere. If you have already started the game, it gives you further inspiration to reach the culmination.

That is how it is, and I thank you all who are before me here and who are all around. I am seeing some of them over here. I see so many through this window here while they all see me through the camera over there. I thank all of them for listening to this.

And listening is one dimension and then translating what is listened into practice in little degrees is of great importance, without which nothing happens. By listening to the travel, you have not travelled. By picking up the travel you reach the destination, and the very travel itself is very engaging and enlightening and it gives you lot of joy. We can continue moving in a joyful manner into blissful states of your own being.

May that be so with all of us, thank you one and all. Namaskaram.